

MEDICATION-ASSISTED RECOVERY  
ANONYMOUS<sup>®</sup>



MARA<sup>®</sup>

## *MARA Preamble:*

“Medication-Assisted Recovery Anonymous is a support group of people who believe in the value of medication as a means of recovery. We understand that our individual needs may not be the same; our backgrounds may not be the same; our futures may not be the same. However, our desire to live a safe lifestyle joins us together. Non-judgement is our code!”



## *MARA Meeting Closing:*

### *Short Version*

“Today, we desire to live safely and help others do the same. We believe in the power of non-judgement. With these in mind, we strive to make progress each day.”



## *MARA Meeting Closing:*

### *Long Version*

“Today, we share a common desire. We desire to live safely. Regardless of where we are in our journey, we encourage each other to continue. Many of us have seen the reward of trust reappearing in our lives. We value the trust of others. Each day we keep in mind the importance of not interfering with the progress of another person. Additionally, let’s not interfere with our own progress.”

